



MONDAY	SEP 01	TUESDAY	SEP 02	WEDNESDAY	SEP 03	THURSDAY	SEP 04	FRIDAY	SEP 05	SATURDAY	SEP 06	SUNDAY	SEP 07
BREAKFAST													
Cream of Wheat	Corn Flakes	Oatmeal	Cheerios	Maple Sugar Oatmeal	Rice Crispy Cereal	Oatmeal							
Scrambled Egg & Cheese	Pancakes	Fried Egg	Sausage Gravy	Hash Brown Casserole	Belgian Waffle	Corned Beef Hash							
Smoked Sausage	Bacon Strips	Sausage Patty	Biscuit	Bacon Strips	Sausage Patty	Scrambled Egg							
Fresh Grapes	Banana	Chilled Peaches	Fresh Strawberries	Fresh Honeydew Cubes	Fresh Grapes	Fresh Orange Wedges							
Home Fries		Cinnamon Roll				Dry Wheat Toast							
LUNCH													
Clam Chowder	Pasta Fagioli Soup	Vegetable Florentine Soup	Potato Bacon Soup	Ham and Bean Soup	Beef Taco Soup	Mushroom Barley Soup							
Saltine Crackers	Saltine Crackers	Saltine Crackers	Saltine Crackers	Saltine Crackers	Saltine Crackers	Saltine Crackers							
Potato Salad	Potato Crusted Fish	Saltine Crackers	Combo Pizza	Curried Chicken	Quesadilla Cheese	Saltine Crackers							
Bologna & Cheese Sandwich	French Fried Potatoes	Chicken & Dumplings	Romaine & Onion Salad w/Dressing	Salad/Pita Plate	Shredded Lettuce Garnish	Sweet & Sour Pineapple Chicken							
Coleslaw	Spinach Orange Salad with Dressing	Green Beans with Thyme	Breadstick	Chickpea Salad	Black Beans	Sesame Brown Rice							
Tropical Fruit Cup	Minted Pears	Fresh Cantaloupe	Blushing Pineapple	Poached Peach Half	Peppers & Onions	Seasoned Green Peas							
					Strawberries & Topping	Bananas & Cream							
DINNER													
Turkey Dijonaise	Apricot Glazed Pork Loin	Beef Burgundy	Oven Fried Chicken	Teriyaki Salmon	Braised Pork Chop	Beef Lasagna							
White & Wild Rice Blend	Roasted Red Potatoes	Parslied Noodles	Mashed Potatoes & Poultry Gravy	Fluffy Rice	Dijon Red Potatoes	Sicilian Blend Vegetables							
Asparagus Almondine	Pacific Blend Vegetables	Corn Cobbette	Zucchini Parmesan	Seasoned Snow Peas	Seasoned Broccoli Florets	Wheat Dinner Roll							
Wheat Dinner Roll	Wheat Dinner Roll	French Bread	Cheese Biscuit	Vegetable Egg Roll	Wheat Dinner Roll	Almond Cookies							
Lemon Cookies	Carrot Cake	Peach Crisp	Chocolate Mousse	Orange Sherbet	Macaroon Bar								



MONDAY	SEP 08	TUESDAY	SEP 09	WEDNESDAY	SEP 10	THURSDAY	SEP 11	FRIDAY	SEP 12	SATURDAY	SEP 13	SUNDAY	SEP 14
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BREAKFAST													
Cheerios		Cream of Wheat		Corn Flakes		Oatmeal		Raisin Bran Cereal		Cream of Wheat		Rice Crispy Cereal	
Pancakes		Spanish Eggs		French Toast		Egg Bacon & Cheese Biscuit		Cheese Omelet		Belgian Waffle		Scrambled Egg & Cheese	
Bacon Strips		Sausage Patty		Bacon Strips				Sausage Links		Breakfast Ham			
Fresh Strawberries		Fresh Grapes		Chilled Apple Slices		Banana Half		Fresh Honeydew Cubes		Fresh Grapes		Bacon Strips	
		Dry Wheat Toast				Dry Wheat Toast		Dry White Toast				Fresh Orange Wedges	
												Dry Wheat Toast	

LUNCH													
Lentil & Ham Soup		Cream of Carrot Soup		Tuscan Sausage Potato Soup		Beef Barley Soup		Vegetable Soup		Roasted Red Pepper Soup		Chicken Tortilla Soup	
Saltine Crackers		Saltine Crackers				Saltine Crackers		Saltine Crackers				Saltine Crackers	
Southwestern Turkey Wrap		BBQ Riblette on Bun		Saltine Crackers		Tuna Salad Plate w/Pita Bread		Tater Tot Casserole		Saltine Crackers		Taco Stuffed Potato	
Plain Potato Chips		Calico Corn		Manicotti In Sauce				Brussels Sprouts & Tomatoes		Chicken Fettuccine Alfredo		Lettuce Wedge w/1000 Island Drsg	
Carrot Raisin Salad		Poached Pears		Squash w/Thyme		Creamy Pasta Salad		Wheat Dinner Roll		Seasoned Broccoli Florets		Wheat Dinner Roll	
Chilled Mandarin Oranges				Breadstick		Peach Pinwheel		Bananas & Oranges		Breadstick		Seafoam Salad	
				Stewed Strawberries Rhubarb						Fresh Cantaloupe			

DINNER													
Savory Baked Chicken		Steak & Mushroom Sauce		Honey Roast Pork Chop		Cheese Baked Potato		Chicken Fricassee		RS Country Fried Steak		Chicken Dijon	
Macaroni & Cheese						Seasoned Broccoli Florets		Summer Corn Pilaf		Au Gratin Potatoes		Roasted Red Potatoes	
Southern Style Okra		Mashed Potatoes		Potato Latke				Stewed Summer Squash		Herbed Green Beans		Balsamic Brussels Sprouts	
Cornbread		Parslied Carrots		Seasoned Zucchini		Wheat Dinner Roll				Wheat Dinner Roll			
S'mores Pudding		Wheat Dinner Roll		Hawaiian Roll		Lemon Meringue Pie		Wheat Dinner Roll		Chipmunk Bar		Wheat Dinner Roll	
		Berry Crisp		Vanilla Caramel Cake				Ice Cream & Toppings				Banana Cream Pie	



MONDAY	SEP 15	TUESDAY	SEP 16	WEDNESDAY	SEP 17	THURSDAY	SEP 18	FRIDAY	SEP 19	SATURDAY	SEP 20	SUNDAY	SEP 21
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BREAKFAST

Oatmeal	Raisin Bran Cereal	Cream of Wheat	Rice Crispy Cereal	Oatmeal	Cheerios	Cream of Wheat
Yogurt & Strawberries	Ham & Cheese Omelet	French Toast Sticks	Sausage Gravy	Fried Egg	Pancakes	Scrambled Eggs
Apple Fritter Donut	Banana Half	Sausage Links	Buttermilk Biscuit	Bacon Strips	Breakfast Ham	Bacon Strips
	Dry White Toast	Fresh Orange Wedges	Fresh Grapes	Fresh Cantaloupe	Fresh Orange Wedges	Chilled Apple Slices
				Dry Wheat Toast		Dry Wheat Toast

LUNCH

Potato Leek Soup	Hearty Vegetable Soup	Meatball Soup	Cream of Chicken Soup	Beef & Cabbage Soup	California Medley Soup	Creamy Tomato Soup
Saltine Crackers	Saltine Crackers	Saltine Crackers	Saltine Crackers	Saltine Crackers	Saltine Crackers	Saltine Crackers
Shrimp Salad	Croissant	Pork Chop Sandwich	Chicken Caesar Salad w/Dressing	Hot Dog on Bun	Turkey California Wrap	Fish Sticks
Lettuce Tomato Pickle	Sweet Potato Fries	Strawberry Applesauce	Wheat Dinner Roll	Garden Rotini Salad	Tomato Basil Couscous	Parslied Potatoes
Onion		Blushing Pears	Carrot & Celery Sticks	Salad	Hawaiian Coleslaw	Plain Potato Chips
Macaroni Salad			Berries & White Chocolate	Marinated Cucumbers	Wheat Dinner Roll	Chilled Peach Halves
Celery Sticks				Glazed Bananas	Fresh Watermelon Cubes	
Fresh Honeydew Cubes						

DINNER

xPork Wings	Seafood Pasta Primavera	BBQ Beef	Turkey a la King	Chicken Cacciatore	Swiss Steak	Lemon Mustard Chicken
Roasted Red Potatoes	Peas with Dill	Mashed Potatoes	Fluffy Rice	Seasoned Egg Noodles	Boiled Potatoes	Herb Seasoned Orzo Pasta
Green Goddess Salad w/Drsg	Wheat Dinner Roll	Brussels Sprouts	Herbed Green Beans	Zucchini Parmesan	Savory Carrots	Cauliflower & Red Pepper
Wheat Dinner Roll	Snickerdoodle Cheesecake Bar	French Bread	Wheat Dinner Roll	Wheat Dinner Roll	Wheat Dinner Roll	Wheat Dinner Roll
Cherry Cobbler		Chocolate Ice Cream	Chocolate Chip Cookies	Rocky Road Brownie	Butterscotch Pudding	Pineapple Angel Cake



MONDAY	SEP 22	TUESDAY	SEP 23	WEDNESDAY	SEP 24	THURSDAY	SEP 25	FRIDAY	SEP 26	SATURDAY	SEP 27	SUNDAY	SEP 28
BREAKFAST													
Corn Flakes	Oatmeal	Rice Crispy Cereal	Cream of Wheat	Cheerios	Oatmeal	Corn Flakes							
Pancakes	Fried Egg	Belgian Waffle	Sausage Gravy	Scrambled Egg & Cheese	French Toast	Egg, Sausage & Cheese Sandwich							
Bacon	Smoked Sausage	Breakfast Ham	Biscuit	Bacon Strips	Sausage Link	Sandwich							
Fresh Grapes	Fresh Strawberries		Scrambled Egg		Banana Half								
	Dry Raisin Toast		Fresh Cantaloupe	Fresh Orange Wedges									
				Dry Wheat Toast									
LUNCH													
Beef Barley Soup	Lentil Soup	Minestrone Soup	Cream of Potato Soup	Country Vegetable Soup	Tomato Basil Soup	Cream of Mushroom Soup							
Potato Salad	Saltine Crackers	Saltine Crackers	Saltine Crackers		Saltine Crackers								
Saltine Crackers	Beef Marzetti	Crab Cakes	Turkey & Swiss Sandwich	Saltine Crackers	Chicken Enchilada Casserole								
Chicken Salad/Pita Plate	Lettuce & Tomato Salad	Lemon Wedge	Garden Rotini Salad	French Dip Sandwich	Spanish Rice	Turkey Hash							
Carrots w/Ranch Dressing	Italian Dressing	Parslied Potatoes	Balsamic Strawberries	French Dip Broth	Corn & Black Bean Salad	Green Beans & Pimento							
Fresh Honeydew Cubes	Wheat Dinner Roll	Cabbage & Apple Slaw		French Fried Potatoes		Wheat Dinner Roll							
	Fruit Cocktail in Whip Topping	Wheat Dinner Roll		Carrot Sticks									
		Bananas & Pineapples		Ranch Dressing									
				Fresh Watermelon & Cantaloupe Cubes	Peaches in Orange Sauce	Pears with Blueberries							
DINNER													
Parmesan Baked Cod	Southern Fried Chicken	Herb Roasted Turkey	BBQ Pork Chop	Balsamic Blackberry Chicken	Country Steak & Gravy	Beef Lasagna							
Tri-Color Rotini		Sage Bread Dressing	Twice Baked Potato		Mashed Potatoes	Seasoned Spinach							
Green Beans Oregano	Mashed Potatoes & Poultry Gravy	Lemon Asparagus	Calico Corn	Brown Rice Pilaf	Seasoned Broccoli Florets	Wheat Dinner Roll							
Wheat Dinner Roll	Capri Blend Vegetables	Cherry Tart w/Topping	Cornbread	Scandinavian Blend Vegetables									
Raspberry Sorbet	Hawaiian Roll		Apricot Cobbler	Wheat Dinner Roll	Wheat Dinner Roll	Brown Sugar Peach Cake							
	Coconut Pudding			Blondie Bar	Oatmeal Cookies								